

# **CURRICULUM & SYLLABUS**



**FOUR YEAR UNDEGRADUATE PROGRAMME  
IN THE DEPARTMENT OF PSYCHOLOGY  
IN ALIGNMENT WITH NATIONAL EDUCATION POLICY-2020 (UGC Guidelines)  
w.e.f. Academic Year 2023-24**

**SRM UNIVERSITY DELHI-NCR, SONEPAT (HARYANA)**

## **VISION**

SRM University Delhi-NCR, Sonapat, Haryana aims to emerge as a leading world-class university that creates and disseminates knowledge upholding the highest standards of instruction in Medicine & Health Sciences, Engineering & Technology, Management, Law, Science, and Humanities. Along with academic excellence and skills, our curriculum imparts integrity and social sensitivity to mold our graduates who are suitable to serve the nation and the world.

## **MISSION**

To create a diverse community campus that inspires freedom and innovation.

Promote excellence in educational & skill development processes.

Continue to build productive international alliances.

Explore optimal development opportunities available to students and faculty.

Cultivate an exciting and rigorous research environment

**EMPLOYABILITY ATTRIBUTES:**  
**B.A. (H) PSYCHOLOGY GRADUATE EMPLOYABILITY ATTRIBUTES**

Successful completion of an undergraduate programme in Psychology (Hons.) will endow the learners/aspirants with the following attributes:

Sound knowledge and understanding of the domain

Critical thinking, analytical mind and decision-making mindset

Originality and creativity in formulating, evaluating and applying evidence-based arguments

Ability to identify and draw synergy between/among events and/or aspects/theories to provide a wider, deeper and critical understanding and solution to problems

Advanced communication skills – Reading, Writing, Speech & thoughts

Thorough understanding of socio-political and historical context of significant events, theories and movements

## **DEPARTMENT OF PSYCHOLOGY**

### **PROGRAMME EDUCATIONAL OBJECTIVES (PEOs)**

The undergraduate psychology program has the following objectives:

To impart knowledge of basic psychological concepts and methods, and develop the ability to appreciate the challenges in field settings.

To help students in shaping cognitive, affective and behavioral abilities, including reflectivity and analytical thinking for building responsible psychology professionals and researchers.

To promote self-understanding, reflexivity and personal growth as well as developing respect for social diversity and increasing relevance of social perspectives in learning.

To facilitate acquisition of basic skills in major areas of application (e.g. psychological testing, experimentation, counseling, developing psychological tools, behaviour modification, report writing).

To create future psychologists who can question the taboos related to mental health issues.

### **PROGRAMME LEARNING OUTCOME (PLOs)**

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The learners who complete three years of full time undergraduate honors degree program in psychology would be able to demonstrate the following:

1. Basic professional skills pertaining to psychological testing, assessment and counseling as well as methods including data analysis and computer knowledge related to their area of specialization (e.g. industrial-organizational, clinical, etc.).
2. Developing positive attributes such as empathy, compassion, positive regards, social participation, and accountability as well as conversational competence including communication and effective interaction with others, listening, speaking, and observational skills.
3. Curiosity and ability to relate, formulate and connect psychology related problems with personal experiences and using critical thinking and appropriate methods to solve them.
4. Dealing with conflicting theories and approaches, learning to withstand ambiguities and understanding the limitations of the discipline based on social and cultural grounds.
5. Ability to work both independently and in group and dealing effectively with clients and stakeholders to analyze social problem and understand social dynamics.
6. Commitment to health and wellbeing at different levels (e.g. individual, organization, community, society).

## MAPPING MATRIX OF PEOs AND PLOs

		Programme Learning Outcomes (PLOs)					
Programme Educational Objectives (PEOs)		PLO 1	PLO 2	PLO 3	PLO 4	PLO 5	PLO 6
	PEO 1						
	PEO 2						
	PEO 3						
	PEO 4						
	PEO 5						

### PROGRAM REQUIREMENT

General Education Requirements: Humanities

Basic Science and Engineering Requirements: Nil

### Disciplinary Requirements comprising of:

*Psychology Department*

*Psychology Department*

*Psychology Department*

Core courses (through regular/online mode)

Electives (through regular/online mode)

Open Electives (through regular/online mode)

### Practical and Research component:

1. Regular Practical and Research
2. Live Projects
3. Dissertation
4. Internship, Summer-Internship/Fieldwork

### **Admission Pathways for Undergraduate Programme**

Students who have successfully completed Grade 12 School Leaving Certificate shall be eligible for admission to a first-degree programme.

**Entry 1:** The entry requirement for 1st Year UG Programme is Secondary School Leaving Certificate obtained after the successful completion of Grade 12. A programme of study leading to entry into the first year of the Bachelor's degree is open to those who have met the entrance requirements, including specified levels of attainment at the secondary level of education specified in the programme admission regulations. Admission to the Bachelor degree programme of study is based on the evaluation of documentary evidence (including the academic record) of the applicant's ability to undertake and complete a Bachelor's degree programme

**Exit 1.** A certificate will be awarded when a student exits at the end of year 1. The first year of the undergraduate programme builds on the secondary education and requires 46 credits during the first year of the undergraduate programme for qualifying for an undergraduate certificate. (Level-5)

**Entry 2.** The entry requirement for a certificate obtained after completing the first year (two semesters) of the undergraduate programme. A programme of study leading to the second year of the Bachelor's degree is open to those who have met the entrance requirements, including specified levels of attainment, in the programme admission regulations. Admission to a programme of study is based on the evaluation of documentary evidence (including the academic record) of the applicant's ability to undertake and complete a Bachelor's degree programme.

**Exit2.** At the end of the 2nd year, if a student exits, a Diploma shall be awarded (Level 6). A diploma requires 95 credits with 49 credits in 2nd Year (3rd & 4th Semesters) (Level-6)

**Entry3.** The entry requirement for is a diploma obtained after completing two years (four semesters) of the undergraduate programme. A programme of study leading to the

Bachelor's degree is open to those who have met the entrance requirements, including specified levels of attainment, in the programme admission regulations. Admission to a programme of study is based on the evaluation of documentary evidence (including the academic record) of the applicant's ability to undertake and complete a Bachelor's degree programme.

**Exit 3.** On successful completion of three years, the relevant degree shall be awarded Bachelor Degree in the discipline. A Bachelor's degree requires 145 credits till 3rd Year, with 46 credits in 1st Year and, 49 credits in 2nd Year, and 50 credits in 3rd Year. (Level-7)

**Entry4.** An individual seeking admission to a Bachelor's degree (Honours/Research) in a specified field of learning would normally have completed all requirements of the relevant three-year bachelor degree (3rd Year). After completing the requirements of a three year Bachelor's degree, candidates who meet a minimum CGPA of 7.5 shall be allowed to continue studies in the fourth year of the undergraduate programme to pursue and complete the Bachelor's degree with Research.

**Exit 4:** On the successful completion of the fourth year, a student shall be awarded a degree (Honours/Research). A Bachelor's degree (Honours/Research) requires a total of 181 credits in the 4th Year, with 46 credits in 1st Year, 49 credits in 2nd Year, and 50 credits in 3rd Year , and 36 credits in 4th Year. (Level-8)

**Four Year Under Graduate Programme Credit Structure Semester wise in alignment with NEP-2020 in SRMUH w.e.f. Academic Year 2023-24**

**Faculty of Science & Humanities**

Semester	Broad Category of Courses								Total Credits	Remarks
	Major	Minor	Multidisciplinary	AE C	SEC	VA C	RP/Dissertation	Live Projects/Vocational Courses/Internship/Field work		
I	8	4	3	2	2	2	*		21	Certificate: 46 Credits
II	8	4	3	2	2	2	*	4	25	
III	12	4	3	2	2	*	*		23	Diploma: 95 Credits
IV	12	4	*	2	2	2	*	4	26	
V	16	4	*	*	2	*	*		26	Degree : 145 Credits
VI	16	8	*	*	*	*	*	4	24	
VII	12	8*	*	*	*	*	6		20/18*	Honours / Honours with Research : 181 Credits
VIII	12	4*	*	*	*	*	6		16/18*	

3 Years	72	28	9	8	10	6	0	12	145
%	49.66	19.31	6.21	5.52	6.90	4.14	0.00	8.28	100.00
4 Years	96	28	9	8	10	6	12	12	181
%	53.04	15.47	4.97	4.42	5.52	3.31	6.63	6.63	100.00

\*Students pursuing Honours will do 3 courses for 12 Credit in lieu of a Research Project/Dissertation. (2 Courses of 8 Credit in 7th Sem and 1 Course of 4 Credit in 8thSem.)

\*\*Students pursuing Honours with Research would complete 12 Credits of Research/Dissertation ( 2 Credit RM & 4 Credit Minor Project in 7th Sem. and 6 Credit Major Project in 8thSem.)



<b>4 Year UG Courses Programme Credit Structure in alignment with NEP-2020 in SRMUH w.e.f. Academic Year 2023-24</b>				
<b>Faculty of Science &amp; Humanities</b>				
<b>Sl.No.</b>	<b>Course Category</b>	<b>Abbreviation</b>	<b>Credit Requirement in SRMUH</b>	
			<b>3 Year UG</b>	<b>4 Year UG</b>
1	Major Courses	DSC/Interdisciplinary Courses (IDC)	72	96
2	Minor Stream Courses	Interdisciplinary Courses (IDC)/DSE	28	28+12*
3	Multidisciplinary Courses	MDC	9	9
4	Ability Enhancement Courses	AEC	8	8
5	Skill Enhancement Courses	SEC	10	10
6	Value Added Courses	VAC	6	6
7	Live Projects/Vocational Courses/ Internship/Field work	LP/VC/SIP*	12	12
8	Research Project/Dissertation	RP/Dissertation**	0	12**
	<b>TOTAL</b>		<b>145</b>	<b>181</b>
<p>*Students pursuing Honours will do 3 courses for 12 Credit in lieu of a Research Project/Dissertation.</p> <p>**Students pursuing Honours with Research would complete 12 Credits of Research/Dissertation.</p>				

**Four Year Under Graduate Programme Credit Structure Semester wise in alignment with NEP-2020 w.e.f. Academic Year 2023-24**

**Faculty of Science & Humanities**

**Department of Psychology**

**First Year First Semester**

Sl . N o.	Course Code	Course Title	L	T	P	Cr edi ts	Course Category	Remarks
1	23PYBA101	Introduction to Psychology	3	0	0	3	Major Course	
2	23PYBA151	Practicum-I	0	0	2	1	Major Course Lab	
3	23PYBA102	Statistical Methods for Psychological Research-I	4	0	0	4	Major Course	
4	23GEPY 101	General Psychology	3	1	0	4	Minor Course	
5	23MDC 303	MDC-1 (Psychology and Emotional Intelligence)	3	0	0	3	Multidiscipline Course	
6	23 UAE 101	Functional English-I	2	0	0	2	Ability Enhancement Course	
7	23SS151	Effective Communication Skills	0	0	2	1	Skill Enhancement Course (Soft)	
8		Digital Literacy & IT Skills	0	0	2	1	Skill Enhancement Course (Tech)	
9	23VAC102	Indian Constitution & Polity	2	0	0	2	Value Added Course	

TOTAL	21		
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# Multidisciplinary Course List is attached separately, and a course shall be offered only when there is sufficient number of students opt for it

**First Year Second Semester**

Sl . N o.	Course Code	Course Title	L	T	P	Cr edi ts	Course Category	Remarks
1	23PYBA201	Biopsychology	4	0	0	4	Major Course	
2	23PYBA202	Psychological Research	3	0	0	3	Major Course	
3	23PYBA251	Practicum –II	0	0	2	1	Major Course Lab	
4	23GEPY 201	Psychology for Health and Well-Being	3	1	0	4	Minor course	
5	23MDC	MDC-2	3	0	0	3	Multidisciplinary Course	
6	23UAE201	Functional English – II	2	0	0	2	Ability Enhancement Course	
7	23SS252	Teamwork & Interpersonal Skills	0	0	2	1	Skill Enhancement Course (Soft)	

8		Advanced Excel Skills	0	0	2	1	Skill Enhancement Course (Tech)	
9	23VAC101	Environment Protection & Sustainable Development	2	0	0	2	Value Added Course	
10	23PYBA271	Live Projects/Vocational Courses/Internship/Field-work				4	Live Projects/Vacational Courses/Summer Internship	
TOTAL 25								

**On Exit, the students on completion of requisite requirement (of 46 credits) on completion of II-Semester , shall be awarded UG Certificate (Psychology).**

**Faculty of Science & Humanities**

**Second Year Third Semester**

Sl.No.	Course Code	Course Title	L	T	P	Credits	Course Category	Remarks
1	23PYBA 301	Introduction to Indian Psychological Thought	4	0	0	4	Major Course	
2	23PYBA 302	Cognitive Psychology	3	0	0	3	Major Course	
3	23PYBA 351	Practicum-III	0	0	2	1	Major Course Lab	
4	23PYBA 303	Developmental Psychology	4	0	0	4	Major Course	
5	23GEPY 301	Sports Psychology	3	1	0	4	Minor Stream Course	
6	23MDC	MDC-3	3	0	0	3	Multidisciplinary Course	
7	23HIN101 I	Hindi-I/German-I/French-I	2	0	0	2	Ability Enhancement Course	
8	23SS353	Presentation Skills	0	0	2	1	Skill Enhancement Course (Soft)	
9		Statistical Analysis with SPSS	0	0	2	1	Skill Enhancement Course (Tech)	
TOTAL								23

# Multidisciplinary Course List is attached separately, and a course shall be offered only when there is sufficient number of students opt for it

**Second Year Fourth Semester**

Sl.No.	Course Code	Course Title	L	T	P	Credits	Course Category	Remarks
1	23PYBA	Understanding	4	0	0	4	Major Course	

	401	Psychological Disorders						
2	23PYBA 402	Social Psychology	3	0	0	3	Major Course	
3	23PYBA 451	Practicum-IV	0	0	2	1	Major Course Lab	
4	23PYBA 403	Statistical Methods for Psychological Research-II	4	0	0	4	Major Course	
5	23GEPY 401	Youth, Gender and Identity	3	1	0	4	Minor Stream Course	
6	23SS454	Professional Skills	0	0	2	1	Skill Enhancement Course (Soft)	
7		Video Recording and editing	0	0	2	1	Skill Enhancement Course (Tech)	
8	23VAC1 03	Sports, Yoga & Fitness	1	0	2	2	Value added course	
9	23HIN10 1 II	Hindi-II/German-II/French-II	2	0	0	2	Ability Enhancement Course	
10	23PYBA 471	Live Projects/Vocational Courses/ Internship/Field-work				4	Live Projects/Vocational Courses/Internship/Field-work	
<b>TOTAL</b>						<b>26</b>		

\* Students would do Live Project/Vocational Course/internship

On Exit, the students on completion of requisite requirement (of 95 credits) on completion of IV-Semester , shall be awarded UG Diploma (Psychology).

Faculty of Science & Humanities

Third Year Fifth Semester

Sl.N o.	Course Code	Course Title	L	T	P	Credits	Course Category	Remarks
1	23PYBA 501	Dealing with Psychological Disorders	3	0	0	3	Major Course	
2	23PYBA 551	Dealing with Psychological Disorders-Practicum	0	0	2	1	Major Course Lab	
3	23PYBA 502	Positive Psychology	3	0	0	3	Major Course	
4	23PYBA 552	Positive Psychology-Practicum	0	0	2	1	Major Course Lab	
5	23PYBA 503	Community Psychology	3	0	0	3	Major Course	

6	23PYBA 553	Community Psychology- Practicum	0	0	2	1	Major Course	
7	23PYBA 504	Human Resource Management	3	0	0	3	Major Course	
8	23 PYBA 554	Human Resource Management- Practicum	0	0	2	1	Major Course Lab	
9	23GEPY 501	Psychological Skills in organization	3	1	0	4	Minor Stream Course	
10	23 MINOR 502	Educational Psychology	4	0	0	4	Minor Stream Course	
11	23AR555	Aptitude & Reasoning	0	0	2	1	Skill Enhancement Course (Soft)	
12		Latex Scientific Type Setting	0	0	2	1	Skill Enhancement Course (Tech)	
<b>TOTAL</b>							<b>26</b>	

### Third Year Sixth Semester

Sl.N o.	Course Code	Course Title		L	P	Cre dits	Course Category	Remarks
1	23PYBA 601	Counselling Psychology	3	0	0	3	Major Course	
2	23PYBA 661	Counselling Psychology- Practicum	0	0	2	1	Major Course Lab	
3	23PYBA 602	Health Psychology	3	0	0	3	Major Course	
4	23PYBA 662	Health Psychology- Practicum	0	0	2	1	Major Course Lab	
5	23PYBA 603	Organizational Behaviour	3	0	0	3	Major Course	
6	23PYBA 663	Organizational Behaviour- Practicum	0	0	2	1	Major Course Lab	
7	23PYBA 604	Community Mental Health & Interventions	4	0	0	4	Major Course	
9	23GEPY 601	Stress Management	3	1	0	4	Minor Stream Course	
10	23PYBA 671	Live Projects/Vocational Courses/ Internship/Field work	0	0	0	4	Live Projects/Vocational Courses/ Internship/Field work	

TOTAL					24			
On Exit, students shall be awarded UG Degree (BA Psychology ) on securing the requisite 145 Credits on completion of VI-Semester.								
Faculty of Science & Humanities								
Fourth Year Seventh Semester								
Sl.No.	Course Code	Course Title	L	T	P	Credits	Course Category	Remarks
1	23PYBA 701	School Counselling	4	0	0	4	Major Course	
2	23PYBA 702	Qualitative Research Methods	4	0	0	4	Major Course	
3	23PYBA 703	Fundamentals of Forensic Psychology	3	1	0	4	Minor stream Course	Students perusing Honours
4	23PYBA 704	Psychology of Marketing	4	0	0	4	Major /Minor course*	Students perusing Honours
6	23	Research Methodology **	2	0	0	2	Minor/Major Course**	Students perusing PR
7	23PYBA -DSE 706	Research Project/Disse rtation				4	Research Project/Dissertati on**	Students perusing PR
TOTAL					20*/18**			
* Students pursuing Honours will do 2 Courses of 8 Credits(2*4) in lieu of Research Project in 7th Semester								
**Students pursuing Honours with Research will do Research Methodology of 2 Credit & Minor Research Project of 4 Credits in the 7th Semester.								
Fourth Year Eighth Semester								
S.NO.	Course Code	Course Title	L	T		Cre dits	Course Category	Remarks
1	23PYBA 801	Spiritual Interventions at Workplace	4	0	0	4	Major Course	
2	23PYAB A802	Neuropsychology	4	0	0	4	Major Course	
3	23PYBA 803	Indian & Western Perspectives of Personality	4	0	0	4	Major Course	
4	23PYBA 804	Psychology Of Children With Special Needs	4	0	0	4	Major/Minor Course	Students pursuing Honours
5	23PYBA -DSE	Research Project/Disse				6	Research Project/Dissertation**	Students persuing PR

805	rtation					
TOTAL				16*/ 18**		
# Students pursuing Honours with Research would complete 6 Credits of Research Project/Dissertation						
*Students pursuing Honours will do 1 Course of 4 Credits in lieu of Research Project in 8th Semester						
On Exit, students shall be awarded Bachelor Degree(BA PSYCHOLOGY ) (Honours with Research) or (Honours) after securing the requisite 181 Credits on completion of VIII-Semester.						

**EVALUATION SCHEME The bifurcation of Continuous Evaluation (Internal) and End Semester Evaluation marks are as under:**

Examination, Assessment & Evaluation System, NEP-2020			
Course Type	Examination	Evaluation Details	
		Continuous	End Semester
Major Courses	Theory	40	60
	Practical	60	40
Minor Courses	Theory	40	60
	Practical	60	40
Multidiscipline Courses	Theory	40	60
	Practical	60	40
Ability Enhancement Course	Theory	40	60
SEC	Practical	70	30
VAC	Practical	70	30
	Sports, Yoga & Fitness	80	20
Live Projects/Vocational Courses / Internship/Fieldwork	Practical	60	40
Research Project/Dissertation	Practical	70	30





